Allergen List - Tir a Môr Llanrwst - Pizza

We are happy to provide you with the information you need to make your own menu choice. We cannot recommend or tell you what is suitable for you to eat or drink. Please note that our menu descriptions do not include all ingredients or allergens. This information is subject to change and updated by our suppliers in real time. Therefore, even if you have chosen the item previously, please make sure that you check it each time you visit and always inform your server / ordering point of your allergy, intolerance or dietary requirements.

If you have any questions, allergies or intolerances, please let us know before ordering.

Our allergen information covers the following major allergens: Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts) and products there of.

Garnishes and accompaniments are included in the allergen information. Items that are added as a self-selection, choice, upgrade or swap (e.g. side salad instead of chips) must be checked and the allergen information considered.

CROSS CONTAMINATION: Our food and drinks are prepared in food areas where cross contamination may occur.

We declare allergens if they are intentionally added to a product.

Where our suppliers have indicated possible cross contamination risks, we also declare their allergen 'may contain' risks.

Our food and drink preparation and serving areas, storage areas and cooking equipment (e.g. fryers, grills etc) may be shared and fried items containing different allergens may be cooked in the same oil. If you are concerned about possible allergen cross contamination of the food or drink you wish to consume, please ask us for further information on our cooking methods and policies.

Diolch,



Dishes					D.	Lupin Flour	Milk		MUSTARD			USAM O.	000	Beer
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	√			√	√		√		✓					
Garlic Bread		(WHEAT)					X		MAY CONTAIN				MAY CONTAIN	
Garlic Bread with Cheese		(WHEAT)					X		MAY CONTAIN				MAY CONTAIN	
Margherita		(WHEAT)					X		MAY CONTAIN				MAY CONTAIN	
Pepperoni		(WHEAT)					Х		MAY CONTAIN				MAY CONTAIN	
Hawaiian		(WHEAT)					X		MAY CONTAIN				MAY CONTAIN	х
Meat Feast		(WHEAT)					х		MAY CONTAIN				MAY CONTAIN	

Dishes						Lupin Flour	Milk		MUSTARD			UMAN OR I		WNE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	√				√		√		✓					
Duck a Hoisin		(WHEAT) (BARLEY)					х		MAY CONTAIN				Х	
BBQ Chicken		(WHEAT) (BARLEY)					Х		MAY CONTAIN				Х	
Vegetarian		(WHEAT)					X		MAY CONTAIN				May Contain	
Goats Cheese & Caramelised Red Onion.		(WHEAT)					x		MAY CONTAIN				May Contain	х

Dishes						Lupin Flour	Milk		MUSTARD			USAM O.		WNE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	√			√	√		√		√					
Duck a Hoisin 9" with handful of chips		(WHEAT) (BARLEY)					x		MAY CONTAIN				x	
BBQ Chicken 9" with handful of chips		(WHEAT) (BARLEY)					х		MAY CONTAIN				x	
Vegetarian 9" with handful of chips		(WHEAT)					Х		MAY CONTAIN				MAY CONTAIN	
Goats Cheese & Caramelised Red Onion. 9" with handful of chips		(WHEAT)					х		MAY CONTAIN				MAY CONTAIN	x

Dishes						Lupin	Milk		MUSTARD			SISAM)		WNE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Garlic Bread 9'' with handful of chips		(WHEAT)					х							х
Garlic Bread with Cheese9" with handful of chips		(WHEAT)					Х							х
Margherita9" with handful of chips		(WHEAT)					х							х
Pepperoni9'' with handful of chips		(WHEAT)					Х							х
Meat Feast9" with handful of chips		(WHEAT)					x							х

Reviewed by: Lliwen Williams / Review Date:

Please check individual allergens for pizza meal deals – all information available on takeaway meal deal!

Dishes						Lupin Flour	Milk		MUSTARD			Manual Oct.		WNE	
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	
Duck a Hoisin 9" with handful of chips / salad and coleslaw		(WHEAT)		X			х		х					х	
BBQ Chicken 9" with handful of chips / salad and coleslaw		(WHEAT)		X			Х		х					х	
Vegetarian 9" with handful of chips / salad and coleslaw		(WHEAT)		Х			Х		Х					х	
Goats Cheese & Caramelised Red Onion. 9" with handful of chips / salad and coleslaw		(WHEAT)		х			x		х					х	
Garlic bread 9" with handful of chips / salad and coleslaw		(WHEAT)		х					х					х	•

Dishes						Lupin Flour	Milk		MUSTARD			USAM O.		WNE WNE	
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	
Cheesey Garlic bread 9" with handful of chips / salad and coleslaw		(WHEAT)		Х			х		х					х	
Hawaiian 9" with handful of chips salad and coleslaw		(WHEAT)		х			Х		х					х	-
Pepperoni 9" with handful of chips / salad and coleslaw		(WHEAT)		Х			Х		Х					х	
Meat Feast 9" with handful of chips / salad and coleslaw		(WHEAT)		X			х		Х					x	